

Happy @Home Northampton



This booklet is for

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Happy at Home Northampton is a friendship scheme, linking lonely, elderly people together for friendly chats and laughter.

www.voluntaryimpact.org.uk

01604 637522

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IMPACT NORTHAMPTONSHIRE
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happyathome@voluntaryimpact.org.uk

Happy @Home Northampton



There are over 130,000 older people living in Northamptonshire. Many of these people feel lonely and isolated.

Our mission is to reach as many people as we can to help reduce the feelings of loneliness and isolation, to provide information on local services and reconnect them with their local communities.

We can help with new friendships and memories and help increase people's sense of wellbeing and happiness.

Office telephone number: 01604 637522

Time for Tea

Enjoy a warm welcome at one of our time for tea events held around Northampton.



This is a chance to meet up with other people and have a chat over a nice cup of tea or coffee.

Silver Stories

Would you like a regular phone call from a school?



Help a child become a better reader by listening to them read their stories or poems to you.

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Would you like to join us at a group near you?



For those that are unable to join us, would you like a friendly phone call or visit?

For more information contact:

Debbie Larkins on 07718 651 631

or

Roz Bates on 07734 229 475

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We recruit volunteers to make friendly phone calls or visits. Could you join us?



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