

# Happy @Home Northampton



This booklet is for

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**Happy at Home Northampton provides volunteers who can either call you or visit you at home for a chat.**

**[www.voluntaryimpact.org.uk](http://www.voluntaryimpact.org.uk)**

**01604 637522**

**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**

# Happy @Home Northampton

There are over 130,000 older people in Northamptonshire. Many of these people feel lonely and isolated.



Our Mission is to reach as many people as we can. To help reduce the feelings of loneliness and isolation in older people, provide information on local services and reconnect them with their communities.

We will help provide new friendships and new memories and increase people's sense of wellbeing and happiness.

# Happy @Home Northampton

The Happy@Home project is now running in Northampton having been successful in Daventry District and South Northants.

All our home visiting volunteer befrienders are DBS checked with character references obtained.



**For more information contact:**

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# Time for Tea



Enjoy a warm welcome at one of our Time for Tea events held around Northampton.

This is a chance to meet up with other people and have a chat over a nice cup of tea or coffee.

If transport is an issue please let us know.



**SILVER STORIES**

Help a child become a better reader by listening to them read their stories or poems to you.

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