

# **Happy @Home**

## **Northampton Volunteering**



**Helping to reduce loneliness and  
isolation in our community**



**Happy at Home provides a  
volunteer befriender to call  
or visit for a chat, offer  
information and social  
events.**

**[www.voluntaryimpact.org.uk](http://www.voluntaryimpact.org.uk)**

**01604 637522**

**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**

# Happy@Home Northampton

**An hour can make such a difference within your life and within the life of those looking for someone to visit them.**



Put a smile on someone's face by bringing their phone to life, or ringing their doorbell....

Your visits would be local, so you could walk, use public transport or your own car.

Our mission is to reach as many people as we can to help reduce the feelings of loneliness and isolation within our community.

To provide information on local services and reconnect people with their communities.



**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**

**We have the following Volunteering opportunities available:**



- Telephone Befrienders,
- Home Visiting Befrienders
- Meeter and Greeters at our 'Time for Tea' events.



We recruit, support and train volunteer befrienders to phone or visit an older person who feels lonely.

**We have a diverse range of volunteers, so we welcome you to apply.**

**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**

# Happy@Home Northampton

To apply to volunteer with Happy@Home Northampton please complete our application form which can be found on our website or contact one of our coordinators below.



Happy@Home Northampton staff team will be there to enable you to gain new skills and increase your own involvement with your local communities. You may find you will get back more than you give.

**For more information contact:**

**Debbie Larkins—Mobile: 07718651631**

**Roz Bates—Mobile: 07734229475**

**Telephone: 01604 637522**

**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**



**Northamptonshire  
Befriending Service**



**COMMUNITY  
FUND**



**[happyathome@voluntaryimpact.org.uk](mailto:happyathome@voluntaryimpact.org.uk)**