



CW+

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NHS
England

VOLUNTARY
IMPACT NORTHAMPTONSHIRE



Appendix 1 - Population Overview

Category	Details
Total Population	786,400
West Northamptonshire. ONS 2024	439,811
North Northamptonshire ONS 2024	360,400
Gender	Male 49% Female 51%
Median Age	~40.6 years
Working Population West. (16-64) ONS 2024	266,540 63.2%
Working population North (16-64) North ONS 2024	221,911 62.1%
Ethnicity	White: ~88% (~692,500) Asian/Asian British: ~4.7% (~37,200) Black/African/Caribbean/Black British: ~2.6% (~20,500) Mixed/Multiple ethnic groups: ~2.6% (~20,500) Other ethnic group: ~2.1% (~16,200)
Sexual Orientation	Heterosexual: 89% Gay/Lesbian: 1.4% Bisexual: 1.2% Other: 0.45% Not stated: 7.2%

Disability in Northamptonshire: Recent ONS data for West Northamptonshire are from mid-2024 figures.

We include long-term illness as a factor in population health:

Area	Total Population	Disabled People
West Northamptonshire	439,811	16%
North Northamptonshire	360,400	7%

Disability by Age: The majority of disabled individuals fall within the 18-64 age group, indicating a significant portion of the working-age population is affected (54%).

The 65+ group also represents a substantial share, consistent with age-related disabilities (32%), with the smallest proportion (13%) being affected.

Age Group	Disabled	Notes
0-17	13%	Smallest proportion affected
18-64	54%	Majority; working-age population
65+	32%	Substantial share; consistent with aging

Gender Distribution: The gender distribution is nearly balanced, with a slightly higher number of females. This may reflect demographic trends such as longer female life expectancy, with 18,000 individuals Male and 14,400 individuals Female

Disability Types: North and West Northamptonshire

Disability Type	North Northamptonshire	West Northamptonshire
Limiting Long-Term Illness	17% of population	18% of population
Mental Health Conditions	11% prevalence among adults	12% prevalence among adults
Learning Disabilities	2% of population	2%
Physical Disabilities	Included in limiting illness; no separate figure	Included in limiting illness; no separate figure
Dementia (65+)	4% of older adults	5% of older adults
Autism Spectrum	1% of population	1% of population
Unpaid Carers	10% of population	10% of population